



**FOR IMMEDIATE RELEASE**

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## Press Release

### Methodist McKinney Hospital exhibits at McKinney ISD Expo 2011

**MCKINNEY, TX (September 1, 2011)** – Methodist McKinney Hospital is proud to participate in the McKinney ISD Expo Tuesday, September 13, at the First Baptist Church of McKinney. The 2011 Expo celebrates McKinney ISD parents and MISD community volunteers. This year's expo replaces the annual ISD's wellness rally.

The event will feature three health-related learning sessions and a free lunch. The keynote speaker at the expo will be Kenneth H. Cooper, MD MPH, who is known as "the father of aerobics." Dr. Cooper, founder and chairman of the Copper Aerobic Center, is recognized as the leader of the international physical fitness movement and the first to introduce the concept of aerobics. The doctor is responsible for the development of the 12 minute and 1.5-mile fitness tests and the Aerobics Point System that is used by military organization, amateur and professional teams, law enforcement agencies and public schools and universities to determine physical fitness.

Methodist McKinney will also host a tabletop at the expo where community members can learn more about the hospital and its specialties.

"Methodist McKinney Hospital is proud to be a part the McKinney community and a part of an expo that emphasizes the importance of healthy living through wellness and physical fitness," says Rick L. Stevens, president of Methodist McKinney Hospital.

Methodist McKinney Hospital is a joint venture partnership between area physicians, Methodist Health System, and Nueterra Healthcare. The facility offers a wide range of physician specialties including: ENT, Gastroenterology, General Surgery, Gynecology, Internal Medicine, Neurology, Orthopaedics, Pain Management, Plastic Surgery, Podiatry, Primary Care, Spine Surgery, and Urology. The hospital also provides imaging services such as CT scan, MRI, Mammography, X-ray, CT Angiogram, Fluoroscopy, and Ultrasound.

More information on Methodist Health System is available at [www.methodisthealthsystem.org](http://www.methodisthealthsystem.org) or by contacting Kathleen Beathard, vice president of Marketing and Public Relations, at [KathleenBeathard@mhd.com](mailto:KathleenBeathard@mhd.com) or (214) 947-4602.

More information on Nueterra Healthcare is available at [www.nueterra.com](http://www.nueterra.com) or by contacting Jennifer Fox [jfox@nueterra.com](mailto:jfox@nueterra.com) or (913) 387-0615.

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